

MOUNTAIN VIEW POOL 2018/2019 SCHOOL YEAR SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AM LAPS 6:00-8:00 AM	AM LAPS 6:00-8:00 AM	AM LAPS 6:00-8:00 AM	AM LAPS 6:00-8:00 AM	AM LAPS 6:00-8:00 AM	
	DEEP H2O 7:00-8:00AM	DEEP H2O 7:00-8:00AM	DEEP H2O 7:00-8:00AM	DEEP H2O 7:00-8:00AM	DEEP H2O 7:00-8:00AM	
RENT THE POOL! 8:00-10:00 AM	AQUA POWER 8:00-9:00 AM	AQUA POWER 8:00-9:00 AM	AQUA POWER 8:00-9:00 AM	AQUA POWER 8:00-9:00 AM	AQUA POWER 8:00-9:00 AM	HIGHSCHOOL SWIM PRACTICE 8:00-10:00 AM
	FAMILY SWIM 9:00-11:00 AM	WATER WALKING 9AM-10AM	FAMILY SWIM 9:00-11:00 AM	WATER WALKING 9AM-10AM	FAMILY SWIM 9:00-11:00 AM	
DEEP H2O 10AM-11AM	WATER BABIES 10:30-11AM		WATER BABIES 10:30-11AM			DEEP H2O 10AM-11AM
SUNDAY LAPS 10:00 AM-12:00 PM	NOON LAPS 11AM-1 PM	NOON LAPS 11AM-1 PM	NOON LAPS 11AM-1 PM	NOON LAPS 11AM-1 PM	NOON LAPS 11AM-1 PM	THERAPY SWIM 10:00-12:00 PM
POWERLUNCH 12PM-1PM	POWERLUNCH 12PM-1PM	POWERLUNCH 12PM-1PM	POWERLUNCH 12PM-1PM	POWERLUNCH 12PM-1PM	POWERLUNCH 12PM-1PM	POWERLUNCH 12PM-1PM
OPEN SWIM 12:00-5:00 PM (1 lap lane available)	SCHOOL LESSONS	SCHOOL LESSONS	OPEN SWIM 1:00-3:00 PM (2 lap lanes available)	SCHOOL LESSONS	SCHOOL LESSONS	OPEN SWIM 12:00-5:00 PM (1 lap lane available)
	OPEN SWIM 1:00-3:00 PM (2 lap lanes available)	OPEN SWIM 1:00-3:00 PM (2 lap lanes available)		OPEN SWIM 1:00-3:00 PM (2 lap lanes available)	OPEN SWIM 1:00-3:00 PM	
	HIGHSCHOOL SWIM PRACTICE 3:00-5:00PM	HIGHSCHOOL SWIM PRACTICE 3:00-5:00PM	HIGHSCHOOL SWIM PRACTICE 3:00-5:00PM	HIGHSCHOOL SWIM PRACTICE 3:00-5:00PM	HIGHSCHOOL SWIM PRACTICE 3:00-5:00PM	AQUABOXING 4PM-5PM
RENT THE POOL! 5:00-7:00 PM	REDfins SWIM CLUB PRACTICE 5:00-7:00 PM	REDfins SWIM CLUB PRACTICE 5:00-7:00 PM	REDfins SWIM CLUB PRACTICE 5:00-7:00 PM	REDfins SWIM CLUB PRACTICE 5:00-7:00 PM	REDfins SWIM CLUB PRACTICE 5:00-7:00 PM	RENT THE POOL! 5:00-7:00 PM
					DISCOUNT SWIM \$3 per person 7-9 PM	

Schedule is subject to change. Emergency Closures will be posted on our website at www.cityofpt.us/pool Call 360-385-POOL (7665) for more info.

Open Swim: Deep and shallow space for all ages to splash around - lap lanes available	FEES	0-3YRS	YOUTH 4-17	ADULT 18+	SENIOR 62+	FAMILY
Family Swim: Open space with toys and tot table for family time - lap lanes available	GENERAL DROP IN	FREE	\$ 4.00	\$ 5.00	\$ 4.00	\$ 12.00
Therapy Swim: Slower paced, self-directed exercise - lap lanes available	FITNESS DROP IN	-	-	\$ 10.00	\$ 8.00	-
Discount Swim: Full Pool Open Swim - only \$3 per person!	20 VISIT GENERAL	FREE	\$ 70.00	\$ 85.00	\$ 70.00	\$ 200.00
Swim Lessons: Several group session options each month. Ask us about private lessons.	20 VISIT FITNESS	-	-	\$ 120.00	\$ 100.00	-
Laps: AM/Noon/Sunday - 4 varying speed long (20 yds) lanes	1 MONTH GENERAL	FREE	\$ 50.00	\$ 50.00	\$ 50.00	\$ 75.00
Power Lunch: In and out of the deep water. Fast paced fitness class - DROP INS WELCOME	1 MONTH FITNESS	-	-	\$ 65.00	\$ 65.00	-
Aqua Power: full-body, shallow water workout with low impact - DROP INS WELCOME - No lap lanes	6 MONTH	FREE	\$ 275.00	\$ 275.00	\$ 275.00	\$ 400.00
AquaBoxing: full body work out with a focus on arm strength and toning - DROP INS WELCOME	12 MONTH	FREE	\$ 500.00	\$ 500.00	\$ 500.00	\$ 750.00
Deep H2O: intense, no impact- improve balance, cardio, endurance & strength - DROP INS WELCOME	SHOWER/SAUNA	-	\$ 3.00	\$ 3.00	\$ 3.00	-
REDfins Swim Club: Ages 5 to 18. Try-outs on Wednesdays. Call for more info	Rentals: Contact Pool Supervisors to schedule - PLEASE RESERVE 2 WEEKS IN ADVANCE!					
High School Swim Practice: Closed to the Public	YOUTH UNDER 8 MUST HAVE ADULT GUARDIAN 18 OR OLDER WITH THEM IN THE WATER AT ALL TIMES					